

Branches

A monthly publication of the
Stroudsburg Wesleyan Church

Jesus said, "I am the Vine, you are the branches."

March 2011

Hope & Healing

Anxiety, fear, anger, depression, reliving the past over and over—I have struggled with these issues and many more over the course of my life. Have you? Are you struggling with anything today? Do you feel like a prisoner in your own head? Do you find yourself praying for change only to find yourself in the same insanity day after day? Well, there is hope and freedom available for all.

God sent his Son so that we all might be forgiven and receive eternal salvation. But it doesn't stop there. He desires to heal us and transform us if only we would let Him. Jesus came to restore what was lost, to free us from the powers of darkness, to give us victory over every area of our lives so that we might declare the good news to the entire world that Jesus Christ loves and desires a relationship with everyone, offering life in abundance. Are you experiencing this freedom today? Are you experiencing healing today? Do you want to know how you can allow God to heal the pain of your past as well as give you hope in the future?

Celebrate Recovery is a great place to start. Here we heal in community. The power of His spirit is made evident when we gather together and share our struggles and our lives with one another, taking off the masks and allowing others to know the real person inside. It's a place where we can let go of all the shame and guilt and feelings of unworthiness that have built up over the years and realize that others struggle with these feelings too. By using a proven program that utilizes the eight beatitudes as well as the twelve steps and the biblical comparisons, we find a way to healing and freedom. As we realize that we are powerless and need a God that is big enough to change us, we become willing to turn our lives over to this awesome all-loving God.

Ready to take a look at where your patterns of behavior are, so that God might give you the power to break the strongholds in your life? Do you want to restore relationships or even just be able to forgive those who have harmed you, so that you can let go of the bitterness that has bound you up for years? If you're willing to give all you have to God so that you might be able to experience all that He has for you, please come take a chance at Celebrate Recovery and see what God can do for you. Many have already found the Freedom, Strength and Hope that God so desires to give.

Pastor Dana

Look for

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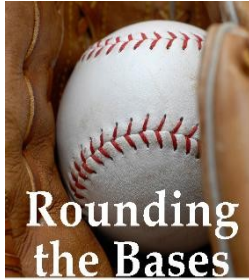
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SWC offers core seminars that are designed to help all adults and teens develop a deeper relationship with Christ and discover how God has wired us to make a positive difference in the world.



Rounding the Bases

These seminars are taught by members of the pastoral staff and are interactive, as opposed to straight lecture. Appetizers will be provided, along with free childcare for those requesting it. You will need to start with *Seminar 101: Believing* and work your way around the bases. To register for one of the following seminars, please submit the white communication card in the offering basket with your name, the seminar you're taking, and if you need childcare.

Sunday, March 20, 12:30-3:30 PM

- Seminar 101: Believing
- Seminar 201: Belonging
- Seminar 301: Becoming
- Seminar 401: Being

CONNECTION'S DINNER

If you have been attending SWC for one year or less and have not attended a Connection's Luncheon or Dinner, you are invited to attend a very special dinner. Come and experience delicious food on **Saturday, March 26 at 7:00 PM**. During the meal you will have a chance to get to know SWC and our leaders through a Q & A time with the pastoral staff.

You won't want to miss this opportunity to connect with leaders and others like you who are new to SWC. So, please come and bring a friend or family member and let's make it a dinner to remember. You may call the church office to RSVP at 570-421-0750.

Prayer Gathering

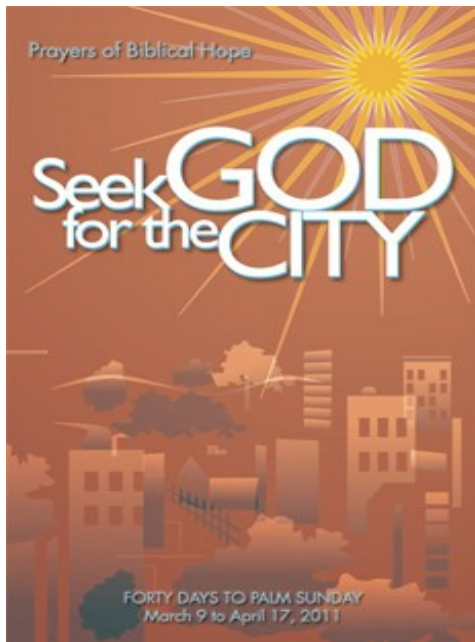
Friday, March 4 - 7:00 PM

Continues
monthly every
first Friday



All are
welcome

Join us on a journey of prayer . . .



**Beginning Ash Wednesday,
March 9, and continuing
for 40 Days until Palm Sunday**

As we come to Him seeking His face, He comes to us bringing His kingdom.

We will be joining together, praying God's greatest hopes for the deepest needs of our community and our world.

Simple, powerful prayers will open our hearts to God's purposes and cultivate a sincere desire to know Christ and see Him glorified in our world.

Including:

- Wednesday Bible Study led by Pastoral Staff
- Opportunity to share experiences, stories, and thoughts on Facebook

W a t c h f o r m o r e d e t a i l s !



Easter Egg Hunt

The annual Easter Egg hunt will be held on Saturday, April 16 at 10:00 AM. We would greatly appreciate donations of plastic eggs and individually wrapped candies (small enough to fit inside the eggs). Donated items may be left in the labeled bin in the side foyer. Our goal is 6000 eggs.

Seder Dinner



Come and experience Passover as Jesus and his disciples would have experienced it at the last supper.

Date: Saturday, April 16

Time: 6:00 PM

Location: Gym

This will be a time of interactive learning and fellowship.

Had Enough?

anxiety bitterness guilt
anger *reliving the past*
pain anxiety depression
 addiction

Celebrate Recovery- (hurt, habits & hang-ups)

Every Thursday

6:30 PM for dinner/Meeting begins at 7:00 PM

What Can I Expect?

A place that is loving & non-judgmental

A place to demonstrate genuine love

A place to experience God's love

A place of belonging

Divorce, grief, addiction, depression, co-dependency, anger and abuse, spouses/children/parents struggling with someone addicted, for any and all life struggles

Life Hurts/God Heals for Teenagers

Kids program for 5-12 year olds

For more information please contact

Pastor Dana at 570-872-4228

Vertical Kids Ministry

Growing Up In Christ



**JOIN US FOR SPECIAL FAMILY
WORSHIP SERVICES AS WE INVITE
EARL & KIMBERLY LONG TO JOIN US
DURING THE WEEKEND OF
APRIL 9/10.**

**LOCATION: SWC SANCTUARY
DATES/TIMES: SAT. APRIL 9, 6:00 PM
SUN. APRIL 10, 9:00 AM & 11:00 AM**



www.VerticalKids.com

Grief Recovery Support Group



If you lost someone who is close to you, or know someone who has, please call us to find out more information about our weekly GriefShare seminar/support group. **We know it hurts and we want to help.**

Meetings scheduled to begin **April 6** from
6:45-8:00 PM at
Stroudsburg Wesleyan Church
915 North Fifth Street
Stroudsburg, PA 18360

For more information and to sign up, call the church office at: 570-421-0750 or Brenda Moore at 570-476-7362.

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Saturday Service: 6:00 PM Sunday Schedule Worship—9:00 & 11:00 AM Adult Growth Groups 9:00 & 10:00 AM Coffee Time—10:15 AM Sr. High Youth Group 6:45-8:15 PM		1 * Ciara Bond * Ethan Wager	2 * Mackenzie Chamberlain	3 * Alycia Bond * Elizabeth Diehl * Karie Gilbertsen * Millidene McFadden * Christine Olsen * Walter Warner	4 Helping Hands Food Pantry- 4:30-6:00 PM Prayer Gathering -7:00 PM * Kim Jabbour * Melody Metzgar ** Tim & Judy Villa	5 * Joan Ehrenfeuchter
6 Nursing Home Ministry-2:30 PM * Loretta Babb * Alice Fredholm * Lynda Keefer	7 Prayer Shawl Ministry-6:30 PM * Teri Eckert * Hannable Parrish * Cindy Ridner	8 Senior's Luncheon- 12:30 PM LBA Meeting- 6:30 PM * Eddie Brown * Katie Carper * Will Perlmutter * Addison Weinstein ** Mike & Cheryl Craig	9 MUMs Meeting- 9:00-11:00 AM * Joe Howard	10 * Veronica Bis * Danny Bogart Imani5	11 * Joseph Holmwood	12 Youth Group Event: The Christian Club- 7:00-10:00 PM * Mario Castillo * Pamela Loven * Denise Smith ** John & Sandra
13 Youth Spaghetti Dinner Fundraiser- 12:00-4:00 PM	14 * Donna Sutton ** Andrew & Joanne Drake	15 * Matthew Castillo * Adam Reinhardt	16 * Lynn Pryor	17  * Mary Dion * John Jasonowicz * Jannay Parrish * Colette Pershyn	18 Helping Hands Food Pantry- 4:30-6:00 PM	19 * Kingston Coley * Tim Graves * Remondo Lawrence * Fred Ridner, Sr. * Caleb Sinner
20 Rounding the Bases Seminars- 12:30-3:30 PM	21 * Amanda Coopes * Jane D'Auria * Alex Simonini	22 * Brianna Coykendall * Sheryl Crosby	23 MUMs Meeting- 9:00-11:00 AM * Phillip Reinhardt * Ki-Shawn Scarboro * Vicki Woodling	24 * David DeConti * Isabella Felloni * Teresa McCraw-Werkheiser	25 * Susan Hoitsma ** Mike & Sheryl Crosby ** Tony & Debi Velardi	26 Connections Dinner- 7:00-9:00 PM * Amy Ostrow
27 * Diane Sinner	28 * Kristie Anne Burke * Grant Walborn	29 * Sherri Burke * Joseph Stark	30 * Darlene Stark * Mariah Werkheiser	31 * Brittany Crawford * Stevin Gifford * Ashley Matos * Fred Wager, Jr.	Wednesday Evening AWANA & Jr. High Group 6:45-8:15 PM Adult Growth Groups 6:45-8:00 PM Thursday Evening Celebrate Recovery 6:30 PM	

Stroudsburg Wesleyan's

Vision Statement

To become a prayerful, diverse, and community-involved church family whose passionate purpose is to help seekers become servants of Christ.

Our Purposes

To fulfill the Great Commission in the spirit of the Great Commandment by:

- **Going** out to seekers in the Community
- **Gathering** believers into Christ
- **Growing** followers through the Church
- **Grooming** servants for the Commission

BRANCHES

Published monthly by:

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Outreach Pastor: Dana Antal
Growth Groups Pastor: Debbie Bond
Ministers: Every Member
Creative Learning Center
420-0706

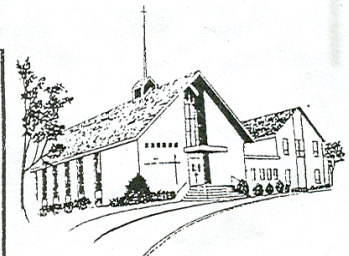
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Or Current Resident



Stroudsburg

Wesleyan Church

(570) 421-0750

Saturday Evening Worship

6:00 PM

Sunday Worship Schedule

Morning Worship

9:00 AM & 11:00 AM

Growth Groups

9:00 & 11:00 AM

Coffee Time

10:15-10:45 AM

Sr. High Youth Group

6:45 PM

Wednesday Night

AWANA

6:45 PM

Jr. High Youth Group

6:45 PM

Adult Growth Groups

6:45 PM